



St. Paul Lutheran School

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*St. Paul Lutheran School is committed to engaging students
with a comprehensive education ground in God's word to prepare them for a life in Christ.*

Review and Update of Wellness Policy

Michigan Department of Education
Local Wellness Policy Assessment Plan
St. Paul Lutheran School, Millington, MI
April 13, 2022

Committee reviewed current policy. Continue with goals.
Additional goal of implementation of COVID 19 Preparedness Plan

Goal – What do we want to accomplish?	Action Steps –What activities need to happen?	Timeline –Start dates	Measurement – How is progress measured?	Lead Person	Stakeholders- Who will be involved and/or impacted?	Complete?
Students involved in independent exercise program	Students instructed on 30 minutes of exercise for 30 days. Students record progress Student submit report monthly to Athletic Director	September 2018	Verbal weekly check by AD. Submission of progress report each month	Athletic Director	Teachers Students Parents	ongoing
Update to Free and Reduced Policy	Change identification of Chairperson Update lunch prices Update registration form	June 2018	Submission of changes to school office. Visual check on website	St. Paul's webmaster	Teachers Head Cook Office staff	ongoing
Food restricted as form of student reward	Provide teachers with list of non-food reward examples Discuss changes at back-to-school meetings. Follow-up mid-year to discuss challenges and determine additional communication needed.	August 2018	Check with staff monthly at staff meetings Staff survey at end of school year	Principal	Teacher, staff, students	ongoing

In school run/jog/ walk program	Provide feedback to students the benefits of a body in motion. Offer a toe token or trinket to place on shoe after each card finished. Encourage students to be the leader at the end of the year for a grand prize.	September 2018	Cards are kept and added up at end of school year.	Athletic Director	Teachers Students	ongoing
Implementation of covid 19 preparedness plan	Provide information on restrictions, recommendations, and mandates concerning the health, wellness and safety of students and staff.	September 2020	Attendance records indicating absence due to COVID. Perform daily requirement for sanitation, preventative measures and food preparation and serving.	Principal	Teachers Students Parents Office Staff Janitorial Staff Kitchen Staff	ongoing



Whatever you do, do all for the glory of God. 1Cor. 10:31